



VFISA

VIKTOR FRANKL INSTITUTE OF
LOGOTHERAPY SOUTH AFRICA

STUDY LOGOTHERAPY ONLINE

Are you looking for meaning, purpose and direction in your life—something more than you are experiencing now? Viktor Frankl, the famous author of the bestselling book *Man's Search for Meaning*, highlighted the fact that we all need the awakening of the defiant power of the human spirit to fulfil our own uniquely given destiny and mission in life.



Internationally Recognised Certificate

Our courses are recognised by the International Association of Logotherapy and Existential Analysis in Vienna.



Professional Trainer Support

Students on every course are matched with one of our dedicated, experienced Logotherapy trainers.

“**Discover
purpose and
meaning in
life.**”

Our courses are for people with an interest in logotherapeutic principles, learners starting their journey in Logotherapy, educational and corporate executives, and counsellors, clinical psychologists and other mental health professionals wishing to become practicing Logotherapists.

LOGOTHERAPY FOR OPTIMAL LIVING

This self-paced course is for those looking for **transformation and meaning in their own lives**. We take you through an in-depth study of the truths embedded in Viktor Frankl's famous book, *Man's Search for Meaning*, and present you with 10 self-reflective assignments that will deepen your understanding of meaningful living and help you apply this to your own life.

BASIC TRAINING IN LOGOTHERAPY

This self-paced course is the **first of the required courses** for all those who want to practice Logotherapy, whether in a lay or professional capacity. We take you step-by-step into an ever-greater grasp and experience of the very meaning of life itself. As you are carefully guided to discover what your life has in store for you, especially in terms of a personal mission or destiny, this course will prove to be life-changing.

ADVANCED TRAINING IN LOGOTHERAPY

This is the **second of the required courses** for practicing Logotherapy, and will equip you with the skills to apply Logotherapy in your particular field of work. This course is divided into a clinical track for those practicing psychological counselling, and an educational track for those engaging in research or working in training.

PROFESSIONAL TRAINING IN LOGOTHERAPY

This is the **third and final of the required courses** for practicing Logotherapy as a professional, and will train you to exercise a leadership role in the Logotherapy field. The track you choose in your Advanced Training is to be followed into the Professional Training, which is also divided into a clinical track and an educational track.

Enrol now at vfisa.co.za/courses

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and Existential Analysis in Vienna.